

YOUR LOCAL ICF PARTNER

For over 50 years, TrueFoam has been producing trusted EPS insulation solutions for the Atlantic Canadian construction industry. We've been in the ICF business since the 90s, which is longer than any other manufacturer in our market.

But what sets us apart isn't the products we make. It's the partnerships we build and the approach we take to maintaining them. We work directly with local engineers and designers, supporting them with:

- Fast project-specific engineering support
- Editable MasterFormat spec packages
- CAD details and standard connection drawings
- On-site support during critical project stages
- Local climate-specific performance knowledge

While it's true that there are many ICF options on the market, there's only one TrueFoam.



TRUEFOAM 

TRUEBLOCK ICF

A Proven Wall System
For High-Performance
Envelopes

LET'S DESIGN BETTER BUILDINGS

Ready to integrate TrueBlock ICF into your next project? Get in touch with our team to access spec packages, request CAD files, or schedule a consult with our ICF expert.

insidesales@truefoam.com
902-468-5440

TRUEFOAM 

www.truefoam.com



WHAT IS TRUEBLOCK ICF?

A complete, high-performance wall system that combines reinforced concrete with our precision-moulded EPS. Designed for modern building envelopes, it delivers structural integrity, thermal efficiency, and air-tight performance in a single assembly. Suitable for foundations, frost walls, and above-grade applications, TrueBlock supports performance-driven design across residential and commercial projects.



ENGINEERED TO EXCEL

- Continuous insulation rated at **R22**
- Air tightness as low as **0.04-0.09 ACH**
- Sound Transmission Class (STC) of **57**
- Fire resistance rating up to **4 hours**
- Withstands winds up to **320km/h**

SUPPORTING STRONGER BUILDINGS

As energy codes continue to evolve and resilience becomes a greater priority, building envelope performance matters more than ever. TrueBlock allows designers and engineers to meet modern demands by integrating structure, insulation, and air control into a single wall assembly.

THE PERFECT CHOICE FOR MODERN PROJECTS

- Continuous insulation eliminates thermal bridging
- Stable wall and interior temperatures reduce condensation risk
- Airtight assembly reduces uncontrolled energy loss
- Monolithic concrete core provides excellent seismic performance
- Predictable axial, shear, and bending capacity
- Customizable reinforcement for specific design requirements



INTEGRATION MADE EASY

TrueBlock integrates seamlessly into modern building designs, supporting coordination across disciplines while simplifying details at critical junctions.

HOW TRUEBLOCK FITS YOUR DESIGN

- Foundation-to-wall connections with continuous load paths via dowels or starter bars
- Compatibility with wood, steel, precast, and cast-in-place floor systems
- Structural roof tie-ins with anchor systems and continuous insulation at junctions
- Reinforced openings with integrated lintels and simplified air/vapour continuity
- Efficient MEP integration with minimal thermal bridging
- Flexible cladding and finish compatibility across systems